

SIDELINE PREP TRAINING WORKSHEET

*5 Massive Mistakes Pro Cheer Potentials Make
... & How to Avoid Them!!*

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3 Ways to Get Massive Value

FROM THIS WORKSHEET

01

PRINT this workbook and use it during our training to stay fully engaged and take notes on the actions you want to implement quickly. If you want to save some ink and paper, don't print page one;-)

02

Think of **ONE QUESTION** you want answered while we are live together. If I don't answer your question during my training, you can ask it during the Q&A session at the end of the training.

03

To maximize your time on this webinar, at the end of the session decide on just one **ACTION** you plan to complete in the next 24 hours. Taking action right away will give you instant momentum to start seeing **BIG** results.

Your 3 Biggest Fears

THAT COULD KILL YOUR SUCCESS AT AUDITIONS

01

Overall _____ - You think you won't _____
the _____.

NOTES:

02

Dance _____ / _____

NOTES:

03

Looking the _____

NOTES:

IDEAS, INSIGHTS, & ACTION ITEMS

MISTAKE 05:

Lack of Necessary

I'M JUST SAYIN'...

Understand that _____ / _____ is in the TOP ___!

NOTES:

DO THIS INSTEAD (AVOIDANCE TACTICS):

_____! _____! _____!

NOTES:

MISTAKE 04:

Don't Have

“ _____ ”

I'M JUST SAYIN' ...

You have to “ _____ the _____ ”
All the _____ ... NO _____ !

NOTES:

DO THIS INSTEAD (AVOIDANCE TACTICS):

Master Your _____

NOTES:

MISTAKE 03:

Not

“ _____ ”

I'M JUST SAYIN'...

Eat _____ & _____ Daily

NOTES:

DO THIS INSTEAD (AVOIDANCE TACTICS):

Focus on a Creating a Healthy Lifestyle

NOTES:

MISTAKE 02:

Not Properly

“ _____ - _____ ”

I'M JUST SAYIN' ...

Properly _____ will _____ your _____

NOTES:

DO THIS INSTEAD (AVOIDANCE TACTICS):

Start _____ &/or ____!

NOTES:

MISTAKE 01:

Lack of

I'M JUST SAYIN' ...

Your Inner _____ Shows in _____ You __!

NOTES:

DO THIS INSTEAD (AVOIDANCE TACTICS):

Be _____ ...Think _____!

NOTES:

ACTION ITEMS

LIST THE THINGS YOU PLAN TO DO IMMEDIATELY TO AVOID EACH MISTAKE...

01



02



03



04



05



BOOM! Now it's Time to TAKE ACTION!!